



# THRIVING MADLY

Celebrating life outside the box



## DECEMBER 2024 NEWSLETTER-PANUI

## CONNECTION-TŪHONONGA OPPORTUNITIES

Rāhina MON	Rātū TUES	Rāapa WEDS	Rāpare THUR	Rāmere FRI	Rāhoroi SAT	Rātapu SUN
30	31					1 11am-12 Thriving Autistically
2 6pm Mutual Mad Metaphor Meaning Making Meetup	3	4 LOUNGE OPEN 10-3	5	6 LOUNGE OPEN 12-3	7	8
9	10	11 LOUNGE OPEN 10-3	12	13 LOUNGE OPEN 12-3	14 12.30- 2.30pm Crafternoon	15
16	17	18 LOUNGE OPEN 10-3	19	20	21	22 12.30-2 Co reflection
23	24	25 10.30am- 12pm Community Meet up	26	27	28	29

### Thriving Madly Lounge

Level 1/12 Hazeldean Road, Addington, Christchurch  
Open Wednesday 10am-3pm & Friday 12-3pm

for a chat with others in the community or hang out MHERC's library is also open during office hours as a safe quiet space to meet and Nicolas their librarian is generally around to connect with around resources, books etc

THROW AWAY THE IDEA THAT YOU  
NEED TO AGREE WITH SOMEONE 100%  
ON EVERY TOPIC TO BE FRIENDS,  
PARTNERS, OR COLLEAGUES.

THERE IS BEAUTY IN DIFFERENCE,  
AND THERE'S POWER IN  
UNDERSTANDING ANOTHER PERSON.

SYLVESTER MCNUTT

### Not That Day COMMUNITY HUI



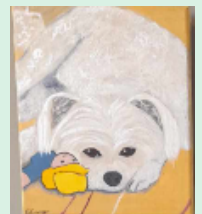
Wednesday 25th December - 10.30-12pm  
Location: Phillipstown Hub, 39 Nursery Rd

Come join your Thriving Madly Whanau for connection. This can be a challenging time of year, join us in a no expectations, come as you are catch up.

PS there maybe bubbles



Art from  
our  
creative  
exhibition



# Event Information



## CRAFTERNOON

**Saturday 9th December - 12.30-2.30pm**  
**Location: Room 14A, Phillipstown Community Hub, 39 Nursery Road**

Be inspired with our friendly relaxed environment and bring your current craft project, try out something new or share a craft skill you have developed. The possibilities are endless



## THRIVING AUTISTICALLY

**Sunday 1st December 11am**  
**Location: Riverlution - 44 Vogel St, Richmond**

This is a meeting for all autistic people (suspected autistic, self diagnosed or professionally diagnosed all welcome)



Do you have any skills, passions, things you may want to learn about, resources for the Thriving Madly Community, stories you would like to share, have an idea for the community or things you would like in the monthly newsletter please email [admin@thrivingmadly.com](mailto:admin@thrivingmadly.com) I love feedback so let me know best ways to contact you, fonts that are easy to read or any other things you have noticed.

## Mutual Mad Metaphor Meaning Making Meetup



**Monday 2nd December - 6pm, DM Payal Payal for online link or email [admin@thrivingmadly.com](mailto:admin@thrivingmadly.com)**

If you identify as Mad, you are cordially (or maybe Milo-ly) invited to Meaning Making Metaphors of Madness. I have a feeling a co-created coming together of Mad Minds Mindful of Mutuality Might be Magical! Marvelous! Magnificent! You May bring MnMs, Mandarins, Mangos, Macadamias, Macarons, Macaroons, Macaroni, Milkshakes, Marmite, Miso, Mushrooms, Mochas, Mussels, Muesli or Muffins. This is all the food and drink beginning with "M" that I could think of, but actually, you can bring any food or drink you want. We could open and close with the Macarena??  
It's gunna be Mint!



## CO REFLECTION

**Sunday 22th December - 12.30-2pm**  
**Location: Room 2, Phillipstown Hub, 39 Nursery Road**

For those who have done Intentional Peer Support training join us for face to face co reflection to connect, reflect and move forward with your Thriving Madly community.

Wow we have been around for nearly six years



### Sustaining Tenancies

If you are a human who believes people should be housed, we'd love to have you! Thanks Hellina(Angle) & Payal



### Facebook Group chats

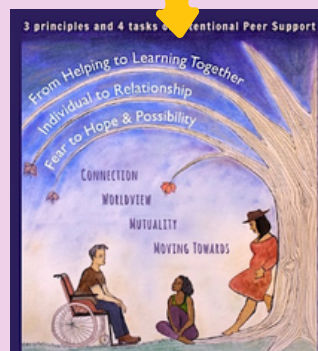
#### Disability funding changes

Discussion on what would be helpful, resources, possibilities moving forward and how we can support each other



### Training Opportunities

Email [admin@thrivingmadly](mailto:admin@thrivingmadly) to register your interest



#### Intentional Peer Support Intro - Date TBA 2025

Wednesday 9am - 2.30pm.

We like new contributors who haven't done Intentional Peer Support training to attend as this is the foundation of how we communicate in Thriving Madly community and also if you those who would like to refresh their skills.

### Submissions group

Thanks to all that attended and facilitated the Hui for Mental Health Bill submission. If submissions is an area of interest that you would like to know more about let us know [admin@thrivingmadly.com](mailto:admin@thrivingmadly.com). This in an area of growth for us all and would be great to keep learning together so we can be heard by government.

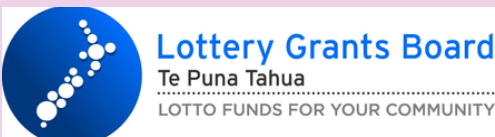


### Social Action and Protest:

A face book chat to share information on social action and protests happening around the motu. Organise possible meet ups for marches.



### SPECIAL THANKS TO OUR FUNDERS



### Fly cemetery



Ingredients; 200g Easy Puff Pastry, Chelsea icing sugar. Filling: 50g butter-melted, 1 Granny Smith apple, peeled, cored and grated, ¼ cup raisins, ¼ cup sultanas, 1 tsp mixed spice, ¼ tsp finely grated lemon zest, 1 Tbsp lemon juice, 1 tsp cinnamon, ¼ cup Chelsea brown sugar, ¼ cup currants  
Method: Preheat the oven to 200°C. Line a baking tray with baking paper. Make the filling by placing all the ingredients in a bowl and mixing to combine well. Divide the pastry in half and roll out each piece into a large rectangle about 20cm x 30cm and 2mm thick or use the ready-rolled sheets. Lift one sheet onto the prepared tray using a rolling pin and spread with the filling, leaving a 1cm border around the edge. Brush this edge with water. Place the second sheet of pastry onto the fruit filling and press the edges to seal. Prick the pastry all over with a fork. Bake for 30–35 minutes or until golden. Cut into squares while hot and dust with icing sugar.

My Nana made this for me to have all to myself for a Christmas gift because it was my favourite. She said not to share it. She had a way of seeing you and making you feel special. I miss her. I also like it is called fly cemetery not fruit squares (Karen S)

