



THRIVING MADLY

Celebrating life outside the box

YOU DID US ALL PROUD

Kelly and Payal

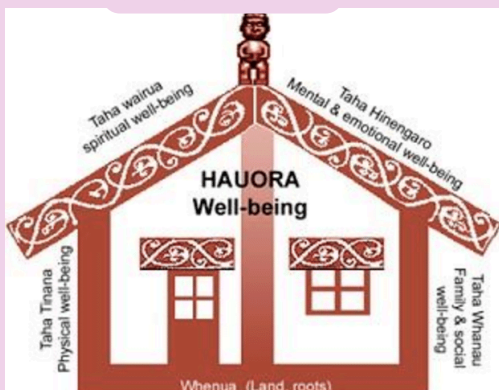
for their work on the in person submission to the Select Committee

MARCH 2025 NEWSLETTER-PANUI

CONNECTION-TŪHONONGA OPPORTUNITIES

Rāhina MON	Rātū TUES	Rāapa WEDS	Rāpare THUR	Rāmere FRI	Rāhoroi SAT	Rātapu SUN
31					1	2
3 6pm Mutual Mad Metaphor Meaning Making Meetup	4	5 LOUNGE OPEN 10-3	6	7 LOUNGE OPEN 12-3	8 12.30-2 crafternoon	9
10	11	12 LOUNGE OPEN 10-3	13	14 10-12 Cuppa & Koreo LOUNGE OPEN 12-3	15	16 10.30-12 Black dog walk
17	18	19 LOUNGE OPEN 10-3	20	21 LOUNGE OPEN 12-3	22	23 12.30-3.30 Who are we workshop
24	25 7-8.30pm Thriving Autistically	26 LOUNGE OPEN 10-3	27	28 LOUNGE OPEN 12-3	29	30

Exploring who we are & who we are together



Sunday 23rd March - 12.30-3.30pm

Location: Room 2, Philipstown Hub, 39 Nursery Road

Social Action involves standing up for our own rights, the rights of others including how we defend, care for and protect te taiao, the natural world. A commitment to Social Action requires resilience, self-awareness and compassion towards us and others. In order to do this, we need to understand Who We Are. We will develop our own Pepeha as it tells a story of the places and people we are connected to. Then we will use Mason Durie's Te Whare Tapa Whā model of health and wellbeing to explore what makes us resilient and able to weather the storms of life.

Please register admin@thrivingmadly.com

Event Information

Thriving Madly Lounge

Level 1/12 Hazeldean Road, Addington, Christchurch
Open Wednesday 10am-3pm & Friday 12-3pm
for a chat with others in the community or hang out.

Mutual Mad Metaphor Meaning Making Meetup

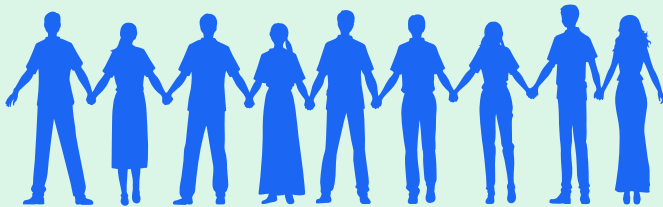
Online Monday 3rd March
6pm, link posted to FB Group

If you identify as Mad, you are cordially (or maybe Milo-ly) invited to Meaning Making Metaphors of Madness. A co-created coming together of Mad Minds Mindful of Mutuality Might be Magical! Marvelous! Magnificent! You May bring MnMs, Mandarins, Mangos, Macadamias, Macarons, Macaroons, Macaroni, Milkshakes, Marmite, Miso, Mushrooms, Mochas, Mussels, Muesli or Muffins. This is all the food and drink beginning with "M" that I could think of, but actually, you can bring any food or drink you want. We could open and close with the Macarena?? It's gonna be Mint!



SOCIAL ACTION SERIES- CUPPA & KÖRERO

NEW EVENT



Friday 14th March 10am-12
Meeting at 8 Degrees Cafe

In person catch up about the up coming Social Action events and how yo be a part of it.

BLACK DOG WALK



Sunday 16th March 10.30am-12
Meeting at Riverlution Eco-Hub
46a Vogel street, Christchurch

Black Dog Walk Off events are an opportunity to connect with other humans in an informal and gentle way. Join us for a walk around Richmond gardens & maybe have a cuppa at the cafe with or without doggos as we connect! Please remember you don't need a dog to join us. Everyone is welcome!

NEW VENUE



THRIVING AUTISTICALLY



Tuesday 25th March online 7-8.30pm
Location: Zoom link on Facebook TM
Event

This is a meeting for all autistic people (suspected autistic, self diagnosed or professionally diagnosed all welcome)



Saturday 8th March - 12.30-2.30pm
Location: Room 5, Phillipstown
Community Hub, 39 Nursery Road

Be inspired with our friendly relaxed environment and bring your current craft project, try out something new or share a craft skill you have developed. The possibilities are endless

thanks

Big shout out to all that attended the workshop to co create our Thriving Madly whakataukī and karakia. Nga mihi Rhea for sharing her mātauranga & steering our waka in this part of our journey

Thriving Madly whakataukī (draft)
He awa pupū, he awa popō, he awa koha rau
A bubbling river, a unifying river, a river of endless gifts



Thriving Madly karakia (draft)
Tuia te korowai ki te taupuhipuhi
Tuia te korowai ki te koha rau
Hei tāwharau i te manako
Hei tāwharau i ngā hononga
He tāwharau i ngā taumata rau
Haumie e, hui e, tāiki e
Weave the cloak with mutuality
Weave the cloak with endless gifts
To protect hope
To protect relationships
To protect possibility
Join together,
unite as one.



Do you have any skills, passions, things you may want to learn about, resources for your Thriving Madly Community, stories you would like to share, have an idea for the community or things you would like in the monthly newsletter please email admin@thrivingmadly.com I love feedback so let me know best ways to contact you,



Disability funding changes

Discussion on what would be helpful, resources, possibilities moving forward and how we can support each other

Facebook Group chats



Submissions group

If submissions is an area of interest that you would like to know more about let us know . We will be covering this later in the year so we can support each other to ensure our experiences are heard by government. Leading the change from community voices.



Sustaining Tenancies



If you are a human who believes people should be housed, we'd love to have you! Thanks Hellina(Angle) & Payal

SPECIAL THANKS TO OUR FUNDERS



NŌKU TE AO PUNA PŪTEA

Social Action and Protest:

A face book chat to share information on social action and protests happening around the motu. Organise possible meet ups for marches.



WELCOME

Anna, Jude



Training Opportunities

Email admin@thrivingmadly.com to register your interest



Intentional Peer Support Intro - Date TBA 2025

Wednesday 9am - 2.30pm.
We like new contributors who haven't done Intentional Peer Support training to attend as this is the foundation of how we communicate in Thriving Madly community and also if you those who would like to refresh their skills.

