

JUNE 2024 NEWSLETTER



## **CONNECTION OPPORTUNITIES - JUNE 2024**

MON	TUES	WEDS	THUR	FRI	SAT	SUN
					1	2
š	4	5 OFFICE OPEN 10-3	6	7 OFFICE OPEN 12-3	8 12.30-2.30 CRAFTERNOON	9
10	11 7-8PM ANTI- BOOK-CLUB BOOK CLUB- TBC	12 OFFICE OPEN 10-3	13	14 OFFICE OPEN 12-3	15	16 10.30AM-12 BLACK DOG WALK
7	18	19 Office open 10-3	20	21 OFFICE OPEN 12-3	22	23
24	25 7-8PM THRIVING AUTISICALLY	<sup>26</sup> OFFICE OPEN 10-3 10.30-12. Mataraki craft	27	28 OFFICE OPEN 12-3	29	30 12.30-2 IN PERSON CO REFLECTION

#### OUR OFFICE WILL BE OPEN WEDNESDAY 10AM-3PM AND FRIDAY 12-3PM FOR A CHAT WITH OTHERS IN THE COMMUNITY OR HANG OUT. MHERCS'S LIBRUARY IS ALSO OPEN DURING OFFICE HOURS AS A SAFE QUIET SPACE TO MEET AND NICOLA'S THEIR LIBRIAN IS GENERALLY AROUND TO CONNECT WITH AROUND RESOURCES, BOOKS ETC

Thank you Karen Whitaker for your continued commitment to all aspects of Thriving Madly you are an inspiration.



Thanks Aileen for posting our events to our socials each month



Thanks Mad poets for creating a space for expression



Do you have any skills, passions, things you may want to learn about, resources for the Thriving Madly Community, stories you would like to share, have an idea for the community or things you would like in the monthly newsletter please email admin@thrivingmadly.com I love feedback so let me know best ways to contact you, fonts that are easy to read or any other things you have noticed. Namaste Karen S

# **Event Information**

### CRAFTERNOON

Saturday 8th of June 12.30-2.30

Location: Room 10a, Phillipstown Community Hub,39 Nursery Road

Be inspired with our friendly relaxed environment and bring your current craft project, try out something new or share a craft skill you have developed. The possibilities are endless.

#### THRIVING MADLY MENS GROUP

\*In development\* Looking for ideas

THRIVING MADLY

crafternoon

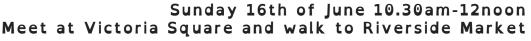
COME AND JOIN IN THE CREATIVE CONNECTION

D SATURDAY EACH MONTH 12.30 PM ROOM 10A-PHILLIPSTOWN HU

Would you like to be apart of a small group of men. A chance for some Thriving Madly men to catch up and connect with no expectations. Register your interest via admin@thrivingmadly.com



### BLACK DOG WALK



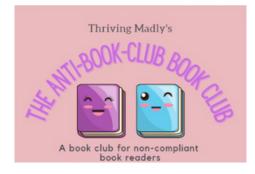
Black Dog Walk Off events are an opportunity to connect with other humans in an informal and gentle way. Many of us have an experience of journeying with the black dog or other experiences of mental distress that are challenging. Join us for a walk with or without doggos as we connect! Please remember you don't need a dog to join us. Everyone is welcome!

#### ANTI-BOOK-CLUB BOOK CLUB

Tuesday 11th of June online 7-8pm

Location: Zoom link on Facebook TM Event Tab

A book club for Non compliant readers (compliant readers also welcome) For all the book lovers and wordsmiths to discuss all things book related in an informal non structured way.





### CO REFLECTION

Sunday 30th June - 12.30-2pm Location: Room 1, Phillipstown Community Hub,39 Nursery Road

For those who have done Intention Peer Support training join us for face to face co reflection to connect, reflect and move forward with your Thriving Madly community.



# THRIVING AUTISTICALLY

Tuesday 25th of June online 7-8pm Location: Zoom link on Facebook TM Event

This is a meeting for all autistic people (suspected autistic, self diagnosed or professionally diagnosed all welcome).

### MATAREKI ACTS OF KINDNESS CRAFT



### FACEBOOK CHATS

**Disability funding changes**: discussion on what would be helpful, resources, possibilities moving forward and how we can support each other

<u>Social Action and Protest</u>: A face book chat to share information on social action and protests happening around the motu. Organise possible meet ups for marches.

<u>Emergency and social housing</u>: share your experience, connections, resources with the possibility of writing a letter to minister for housing, Mental Health, Social Development, Health and the Mental Health and Wellbeing Commission.

### **NEW STUFF**

Kia ora koutou, Wanna join the <u>Sustaining Sustaining</u> <u>Tenancies Team (SSTT)</u> If you are a human who believes people should be housed, we'd love to have you! This government has decided they'd like to get rid of the Sustaining Tenancies framework. This framework is about supporting people to stay in their housing. We don't think getting rid of it is a good idea because stable housing can facilitate wellbeing. Housing insecurity on the other hand, does not help one's journey to wellbeing. Importantly, if you have objections to what SSTT is up to, we'd LOVE to hear from you. Your perspective matters to us! Please contact Hellina (Angle) or Payal"





<u>Submissions group</u> - Thanks to the submissions group for gathering the community voice and formalising a submission on Pae Ora Amendments. We will be adding the Thriving Madly submissions to our Facebook page and also the website as this is an important part of creating social change. If this is an area of interest that you would like to know more about let us know admin@thrivingmadly.com. This in an area of growth for us all and would be great to keep learning together so we can be heard by government.





This year's theme for the Divergence festival is REvolution!

We are looking forward to bringing together conversations that highlight both the evolutionary and revolutionary elements of our journeys. This will involve exploring and celebrating the personal development & recovery/discovery work we undertake in order to navigate the world around us. Found within this work, are calls to social action to shift the societal challenges that underlie many of our experiences of the world. During REvolutions we will celebrate how far we have come & consider what we can work on to create a world that works for all.





Sarah

Rebecca

Gabrielle

Katie

# 2024 FESTIVAL



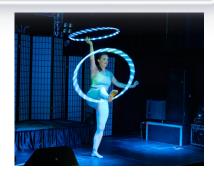
Register your interest now to exhibit something creative at our Creativity Exhibition and market. It will be held in the Pūmanawa Art Gallery space 10am and 4pm from Tuesday 3rd to Friday 6th September. Share all the creative ways we demonstrate **REvolution!** 

...https://docs.google.co m/.../1FAlpQLSeKX8m1zA oXDq.../viewformBody

Contribute - We need contributors from Tuesday to Friday to tend the exhibition. Email admin@thrivingmadly.com with your availability.

This year's Divergence Festival include the will again Wonderland After Dark variety Saturday show. on 14th September!

So get your talented thinking caps on, cos the casting call will be going up in at the start of July!



## PROJECTS

How could we welcome new contributors and introduce them into the Thriving Madly culture? What would have been helpful for you? Share your experience so we know what worked well and other possibilities. Want to be part of a working group so we can honour the mahi of Thriving Madly so everyone gets the best start in our community. This will move at the pace of the group. Let me know if you are keen or what barriers you may have to being a part of this.

#### RESOURCES Welcome Alison Trina

<u>Queer Sewing Group</u> · Sewing in a queer friendly and fun environment. Bring your own project or come and use our tools and fabrics. Free. Monday from 2.15 to 4.15pm - Phillipstown community hub Room 10A

in the state

Thanks to our funders Frozen Funds, Rata Foundation, Lotteries Board, Creative Communities, COGS Strengthening Communities, Tepou

Building

HARMAN STREET

#### Office - Level 1/12 Hazeldean Road, Addington, Christchurch.

#### Free Street Parkina

• Free 30 minute parking on Hazeldean Road Some unrestricted street parking is available on nearby streets (please allow extra time as you may need to park further away)

#### Hazeldean Business Park Carpark

• 14 Hazeldean Road - via Parkable app (please download app prior to arriving)

#### Wilsons Carpark

 7 Hazeldean Road - via ParkMate app or PayByPlate Machine

#### **Closest Bus Routes/Stops**

 Route 7 Halswell/Queenspark - Stop 47137 Route 120 Burnside/Spreydon - Stop 50852 or 50868

#### Bicycle

 Bike stands can be found near Building 6 (as indicated on the map over page)

