



# THRIVING MADLY

Celebrating life outside the box



## OCTOBER 2024 NEWSLETTER

# CONNECTION OPPORTUNITIES - OCTOBER 2024

MON	TUES	WEDS	THUR	FRI	SAT	SUN
	1	2 8.30-5PM 1st aid (booked out)	3	4	5	6
7	8 7-8PM Anti Book club	9	10	11	12 12.30-2.30pm Crafternoon	13
14	15	16 OFFICE OPEN 10-3	17	18 OFFICE OPEN 12-3	19 10am-2.30pm te Tiriti o Waitangi	20 10.30am-12 Black Dog Walk
21	22	23 OFFICE OPEN 10-3	24	25 OFFICE OPEN 12-3	26	27 12.30-2 Co reflection
28	29 7-8PM Thriving Autistically	30 OFFICE OPEN 10-3	31			

### Thriving Madly Office

Level 1/12 Hazeldean Road, Addington, Christchurch  
 Open Wednesday 10am-3pm & Friday 12-3pm  
 for a chat with others in the community or hang out  
 MHERC's library is also open during office hours as a safe quiet space to meet and Nicolas their librarian is generally around to connect with around resources, books etc

#### Free Street Parking

- Free 30 minute parking on Hazeldean Road
- Some unrestricted street parking is available on nearby streets (please allow extra time as you may need to park further away)

#### Hazeldean Business Park Carpark Building

- 14 Hazeldean Road - via Parkable app (please download app prior to arriving)

#### Wilson's Carpark

- 7 Hazeldean Road - via ParkMate app or PayByPlate Machine

#### Closest Bus Routes/Stops

- Route 7 Halswell/Queenspark - Stop 47137
- Route 120 Burnside/Spreydon - Stop 50852 or 50868

#### Bicycle

- Bike stands can be found near Building 6 (as indicated on the map over page)



Do you have any skills, passions, things you may want to learn about, resources for the Thriving Madly Community, stories you would like to share, have an idea for the community or things you would like in the monthly newsletter please email [admin@thrivingmadly.com](mailto:admin@thrivingmadly.com) I love feedback so let me know best ways to contact you, fonts that are easy to read or any other things you have noticed.

# Event Information



## CRAFTERNOON

**Saturday 12th October - 12.30-2.30pm**

**Location: Room 10A, Phillipstown Community Hub, 39 Nursery Road**

Be inspired with our friendly relaxed environment and bring your current craft project, try out something new or share a craft skill you have developed. The possibilities are endless



## THRIVING AUTISTICALLY

**Tuesday 29th October online 7-8pm**

**Location: Zoom link on Facebook TM Event**

This is a meeting for all autistic people (suspected autistic, self diagnosed or professionally diagnosed all welcome).



## BLACK DOG WALK

**Sunday 20th October 10.30am-12**  
**Meet at Victoria Square and walk to Riverside Market**

Black Dog Walk Off events are an opportunity to connect with other humans in an informal and gentle way. Many of us have an experience of journeying with the black dog or other experiences of mental distress that are challenging. Join us for a walk with or without doggos as we connect! Please remember you don't need a dog to join us. Everyone is welcome!



## CO REFLECTION

**Sunday 27th October - 12.30-2pm**

**Location: Room 1, Phillipstown Community Hub, 39 Nursery Road**

For those who have done Intentional Peer Support training join us for face to face co reflection to connect, reflect and move forward with your Thriving Madly community.

**WORK SAFE**

## FIRST AID

**8:30 - 5PM**  
**2ND OCTOBER**

**LEVEL 1, 12**  
**HAZELDEAN**  
**ROAD, ADDINGTON**

**FULL BOOKED**



**Tuesday 8th of October online 7-8pm**  
**Location: Zoom link on Facebook TM Event Tab**

A book club for Non compliant readers (compliant readers also welcome) For all the book lovers and wordsmiths to discuss all things book related in an informal non structured way.

# Facebook Group chats

## Disability funding changes:

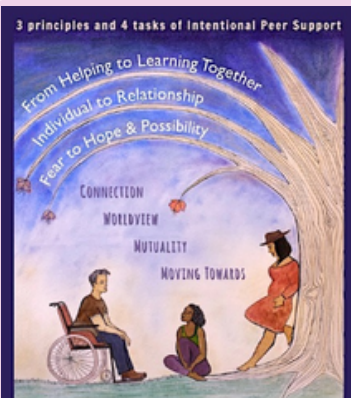
discussion on what would be helpful, resources, possibilities moving forward and how we can support each other 🧐

Social Action and Protest: A face book chat to share information on social action and protests happening around the motu. Organise possible meet ups for marches. 💪

Emergency and social housing: share your experience, connections, resources with the possibility of writing a letter to minister for housing, Mental Health, Social Development, Health and the Mental Health and Wellbeing Commission. 👍

## Sustaining Sustaining Tenancies Team

If you are a human who believes people should be housed, we'd love to have you!  
Thanks Hellina(Angle) or Payal 🌟



## Intentional Peer Support

**Intro - Date TBA Wednesday 9am - 2.30pm.** We like new contributors who haven't done Intentional Peer Support training to attend as this is the foundation of how we communicate in Thriving Madly community and also if you those who would like to refresh their skills.

# Training Opportunities

Email [admin@thrivingmadly](mailto:admin@thrivingmadly) to register your interest

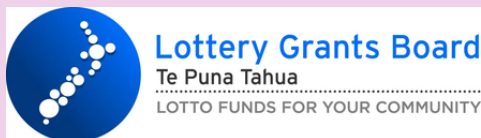
Submissions group - We will be adding the Thriving Madly submissions to our Facebook page and also the website as this is an important part of creating social change. If this is an area of interest that you would like to know more about let us know [admin@thrivingmadly.com](mailto:admin@thrivingmadly.com). This in an area of growth for us all and would be great to keep learning together so we can be heard by government.



1/2 day te Tiriti o Waitangi education session: unpack what the historical intent of Tiriti o Waitangi was and more importantly how it can be honoured and enacted in our work at Thriving Madly. We will explore each of the articles of te Tiriti o Waitangi in practice and align to the work of our kaimahi at Thriving Madly. Saturday 19th October at MHERC 10am - 2.30

**HELP** Listening post volunteer's for Hope Walk 5.30pm 9.11.2024

## SPECIAL THANKS TO OUR FUNDERS



**welcome!**  
Jordan, Lydia, Jay, Melissa



Thanks Kev from changing minds for co facilitating our community discussion

Thanks Susan for organising the urn at the exhibition and all your support



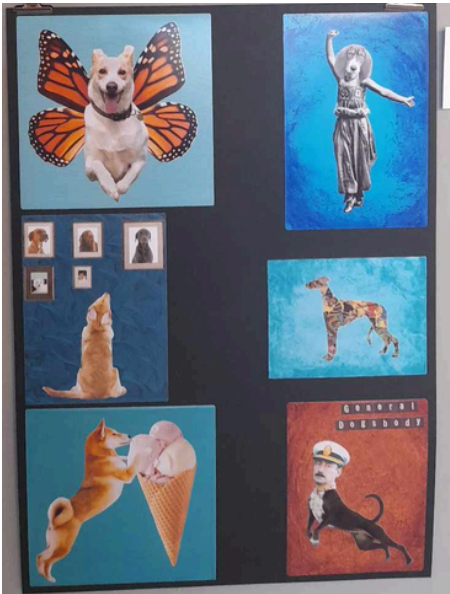
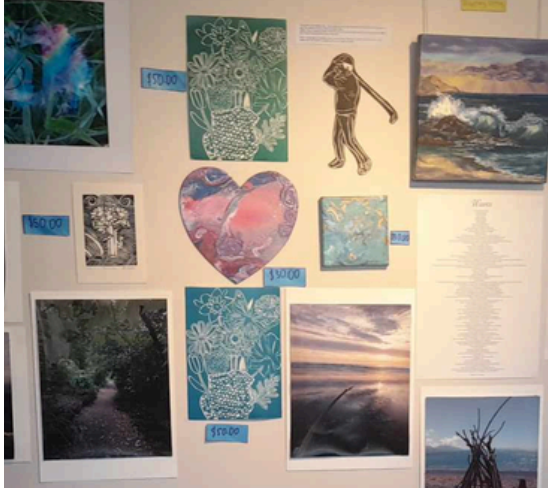
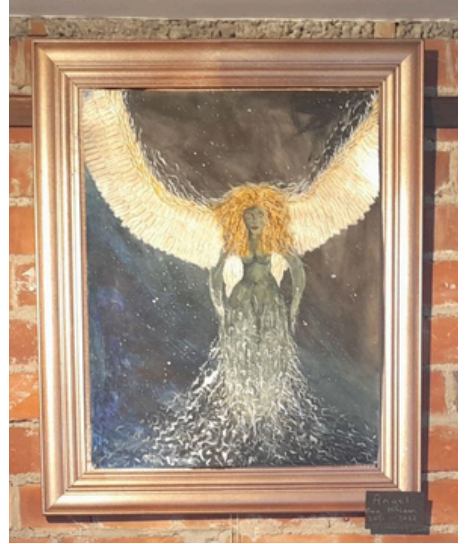
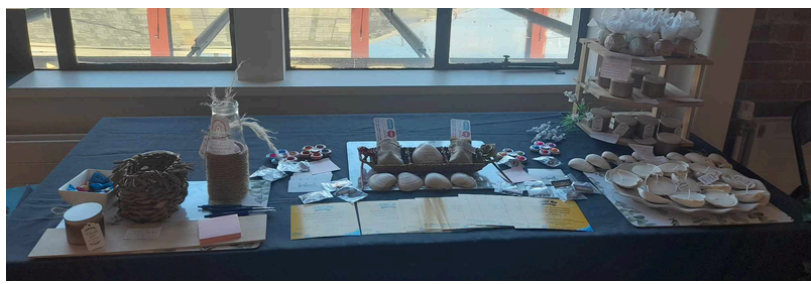
Thanks all the contributors who attended the Quiz night and Vanilla Nice and MC Hannah

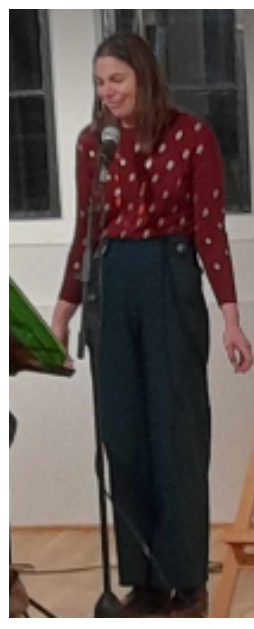
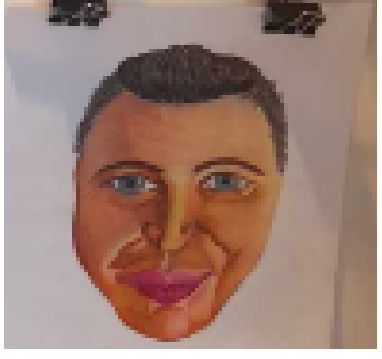
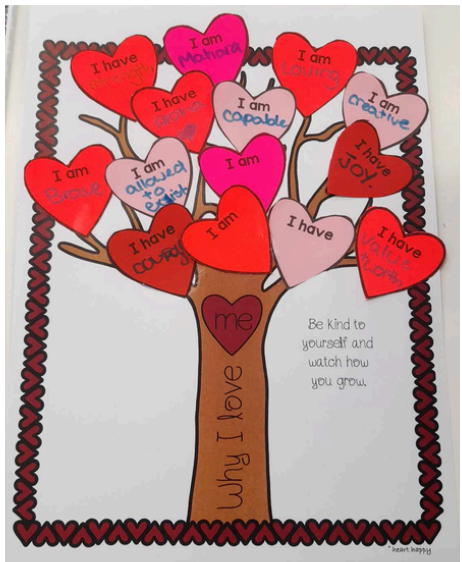
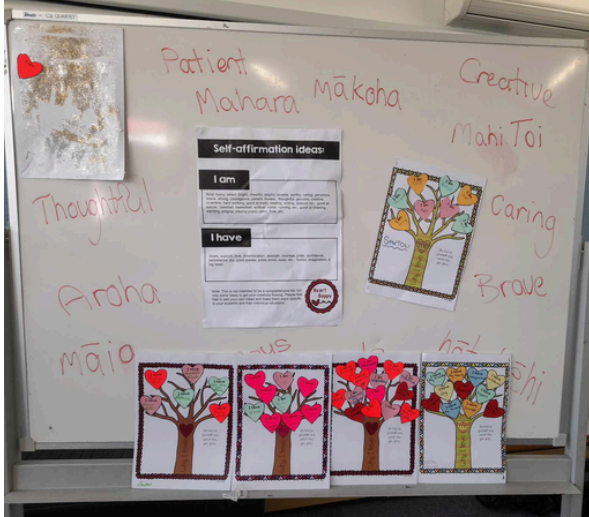


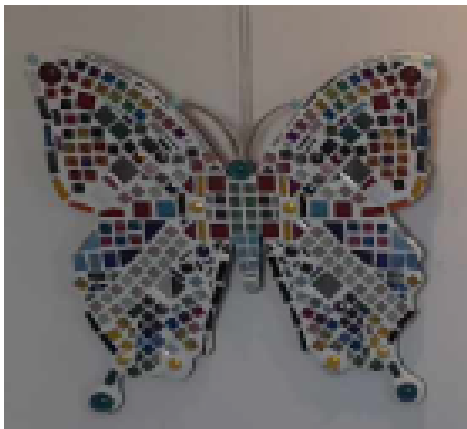
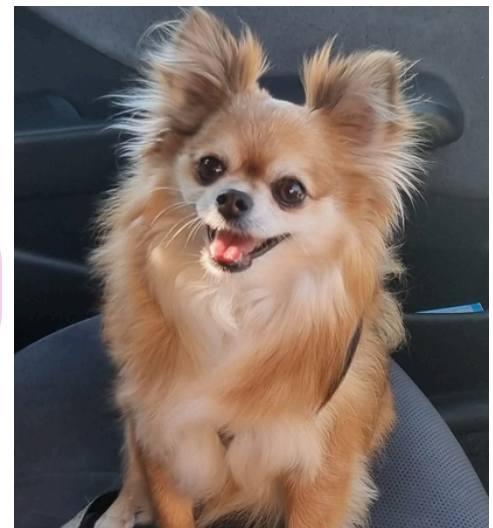
# DIVERGENCE 2024

# REVOLUTIONS

1st-14th September







The mask of myself can be let go and I am free to feel safe in who I am, without the need for a filter



Thankyou to the members of thiving mad ropou who put on the quiz at rolling stone last night it was a great night of madness in perfect harmony I think that it should possibly a regular thing for the madness community a great feeling of togetherness of pure happy to be mad keep doing what you are doing it makes a difference



A space to regain confidence in myself share my ideas and have them acknowledged