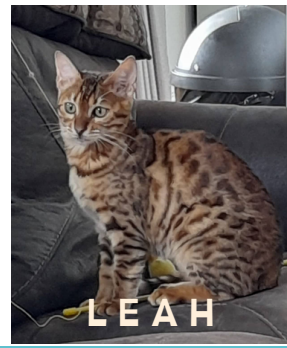




THRIVING MADLY

Celebrating life outside the box

FEBRUARY 2024 NEWSLETTER



CONNECTION OPPORTUNITIES - FEBRUARY 2024

OPEN = Office open 11am -2.30pm Room 14 Phillipstown hub, 39 Nursery Road

MON	TUES	WEDS	THUR	FRI	SAT	SUN
			1	2	3	4
5	6	7	8	9	10	11
		10.30-12 TEA TIME		11.30-1 LISTENING POST	12.30-2.30 CRAFTERNOON	
12	13	14	15	16	17	18
						10.30-12 BLACK DOG WALK
19	20	21	22	23	24	25
		10.30-12 TEA TIME @ SOUTH CITY		11.30-1 LISTENING POST	10-11AM ANTI- BOOK-CLUB BOOK CLUB	12.30-2 PERSON CO REFLECTION
26	27	28	29			
	7-8PM THRIVING AUTISICALLY					

SOCIAL ACTION AND PROTEST CHAT

A face book group to share information on social action and protests happening around the motu. Organise possible meet ups for marches.

Great turn out on the 25th Dec event - loved the hoops, bubbles and connection



Thanks to our contributors who donate their time to keep us sustainable and our events happening



Thanks to our contributors that offer support - it means alot



Do you have any skills, passions, things you may want to learn about, resources for the Thriving Madly Community, stories you would like to share, have an idea for the community or things you would like in the monthly newsletter please email admin@thrivingmadly.com I love feedback so let me know best ways to contact you, fonts that are easy to read or any other things you have noticed. Namaste Karen S

Event Information



BLACK DOG WALK

Sunday 18th of February 10.30am-12noon
Meet at Victoria Square and walk to Riverside Market

Black Dog Walk Off events are an opportunity to connect with other humans in an informal and gentle way. Many of us have an experience of journeying with the black dog or other experiences of mental distress that are challenging. Join us for a walk with or without doggos as we connect! Please remember you don't need a dog to join us. Everyone is welcome!

TEA TIME

Wednesday 7th February 10.30am-12 noon at Thriving Madly office-Room 14-39 Nursery Rd
Wednesday 21st January 10.30am-12 noon at South City mall - Robert Harris

Teatime is almost as simple as the name, a weekly catch up, where anyone is welcome to come have a cuppa in a relaxed environment without expectation that you have to share anything other than your desire for coffee/tea and some company.



CRAFTERNOON

Saturday 10th of February 12.30-2.30

Location: Room 10a, Phillipstown Community Hub, 39 Nursery Road

This Month we are being introduced to Zentangle. Be inspired with our friendly relaxed environment and bring your current craft project, try out something new or share a craft skill you have developed. The possibilities are endless.

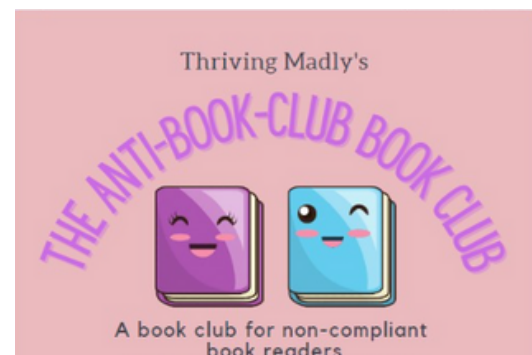


ANTI-BOOK-CLUB BOOK CLUB

Saturday 24th of February online 10-11am

Location: Zoom link on Facebook TM Event Tab

A book club for Non compliant readers (compliant readers also welcome) For all the book lovers and wordsmiths to discuss all things book related in an informal non structured way.



THRIVING AUTISTICALLY

Tuesday 27th of February online 7-8pm

Location: Zoom link on Facebook TM Event

This is a meeting for all autistic people (suspected autistic, self diagnosed or professionally diagnosed all welcome).



Event Information

CO REFLECTION

Sunday 25th February - In person 12.30-2pm

Location: Room 1, Phillipstown Community Hub, 39 Nursery Road

For those who have done Intention Peer Support training join us for face to face co reflection, connect, reflect and create with your Thriving Madly community

LISTENING POST

Friday 19th & 23rd of February
11.30-1pm

Location: TM Office,
Phillipstown Community
hub, 39 Nursery Road

An informal opportunity to connect and chat about things that matter to you



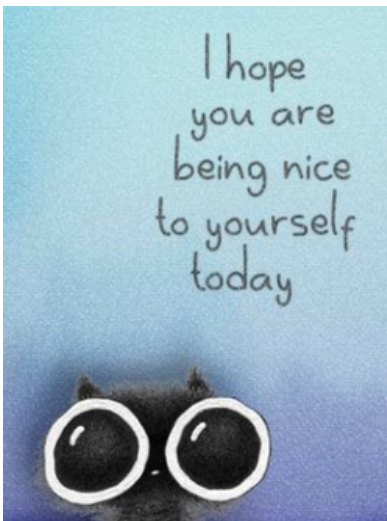
Thanks to our funders

- Frozen Funds
- Rata Foundation
- Lotteries Board
- Creative Communities
- COGS
- Strengthening Communities
- COGS
- Tepou

UPDATES

• We have made it through the first round for social action funding. We will hear the final outcome in the first half of 2024

• Rata Foundation approved \$10000.00 towards contractor payments for financial administration, social presence and operational tasks.



- We are negotiating occupancy at the Phillipstown community centre for another year. We are looking to pool information with the other occupants to have more information about other organisations in Phillipstown.
- Organisation for the 2024 Festival in September has begun. Please let Karen S know of any contribution you may wish to offer.
- We are applying for funding from Creative Communities for our 2024 Festival to add with the income from the tickets sold for the show.

WELCOME

Liz, Sam,
Amber,
Sarah and
Joshua,
Katheryn &
Mel to
Thriving
Madly

RESOURCES



- **Hope walk** are sharing their resources that they had at their event Check out <https://www.aoketera.org.nz/> for free, brief therapeutic specific support for bereavement by suicide.
- **Waves** practical, supportive grief education 8 week group programme for 18+ who have been affected by suicide of someone they know. The programme is free Call Yellow Brick Road 0800876682 for more details