



THRIVING MADLY

Celebrating life outside the box

SEPTEMBER 2024 NEWSLETTER



CONNECTION OPPORTUNITIES - SEPTEMBER 2024

MON	TUE	WEDS	THU	FRI	SAT	SUN
30						1 10.30am-12 Black Dog Walk
2	3 10am-4pm Creative exhibition 1-3pm Creative craft	4 10am-4pm Creative exhibition 10.30am-1pm listening post 7-9.30pm quiz night	5 10am-4pm Creative exhibition 11am-12pm Creative craft	6 10am-4pm Creative exhibition 12-2pm zentangle 7-9.30pm mad poets & collective	7 10.30am - 12pm families of wonderland	8 10am - 1pm community workshop - exploring community
9 7.30pm online watch party	10	11 OFFICE OPEN 10-3	12	13 OFFICE OPEN 12-3	14 7.30pm Wonderland after dark variety show	15
16	17	18 OFFICE OPEN 10-3	19	20 OFFICE OPEN 12-3	21	22
23	24 7-8PM Thriving Autistically	25 OFFICE OPEN 10-3	26	27 OFFICE OPEN 12-3	28	29 12.30-2 co reflection

Our office will be open Wednesday 10am-3pm and Friday 12-3pm for a chat with others in the community or hang out. Mhercs's library is also open during office hours as a safe quiet space to meet and Nicola's their librian is generally around to connect with around resources, books etc

Thank you
Festival
planning team
Lesley,
Hannah, Nick,
Karen W &
Karen S



Thanks Sara,
Jean and Anne
for
volunteering
your time at
the creative
exhibition



Thanks Loren ,
Josh , for
being on the at
festival events



Do you have any skills, passions, things you may want to learn about, resources for the Thriving Madly Community, stories you would like to share, have an idea for the community or things you would like in the monthly newsletter please email admin@thrivingmadly.com I love feedback so let me know best ways to contact you, fonts that are easy to read or any other things you have noticed. Namaste Karen S

Event Information



BLACK DOG WALK

Sunday 1st of September 10.30am-12noon
Meet at North Hagley Park- Memorial Avenue entrance.
Black Dog Walk Off events are an opportunity to connect with other humans in an informal and gentle way. Many of us have an experience of journeying with the black dog or other experiences of mental distress that are challenging. Join us for a walk with or without doggos as we connect! Please remember you don't need a dog to join us. Everyone is welcome!

CREATIVE EXHIBITION & MARKET

3rd-5th September 10am-4pm
Pumanawa Gallery, 2 Worcester Boulevard, Boys high building (in main entrance up the stairs)
Creativity is identifiable in our community in a multitude of ways, not just through the arts & performances but also through the conversations & kindnesses displayed towards one another. Our Creativity Exhibition & Market will be a space to connect with the diversity of creativity, with expressions on display across the week



RANDOM ACTS OF KINDNESS CRAFT

Pumanawa Gallery, 2 Worcester Boulevard, Boys high building (in main entrance up the stairs)
Come along and get crafty, make your own random acts of kindness. Free and all welcome.
Tuesday 3rd September 1pm - 3pm
Thursday 5th September 11am - 1pm



LISTENING POST

Pumanawa Gallery, 2 Worcester Boulevard,

Boys high building (in main entrance up the stairs)
An informal opportunity to connect and chat about the things that matter to you. Free and all welcome. Wednesday 4th September 11am - 1pm



ZENTANGLE

Pumanawa Gallery, 2 Worcester Boulevard, Boys high building (in main entrance up the stairs)
An informal opportunity to connect and chat about the things that matter to you. Free and all welcome.
Friday 6th September 12 - 2pm



QUIZ NIGHT

Wednesday 4th of September

7-9.30pm Location: The Rolling Stone, 579 Colombo Street
Join our hosts MC Hannah and Vanilla Nice and find out who will take out the 'Thriving Madly Quiz Champion Team' trophy! Other great prizes to be won, laughs and mad wisdom to be shared, friends to be made.
Get a team together and book a table for 3 to 5, or grab a solo ticket and we'll team you up with other awesome like-minded folks.



MAD POETS

Friday 6th September - 7-9.30pm

Location: Lemon Tree cafe, 234 St Asaph Street

Mad Poets and Creatives Collective (formerly Mad Poets Society) is a space to be heard and have a go, to hear and celebrate each other's creativity and journeys through the ups and downs of life. The only explicitly mad-positive and mental health friendly poetry space in Ōtautahi - all people are welcome, all poems are welcome, as well as rap, music, art, interpretive dance, ukelele tunes, and other forms of creative expression.



FAMILIES OF WONDERLAND

Saturday 7th September - 10.30am-12 noon

Location: Phillipstown Community Centre, 39 Nursery Road

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COMMUNITY WORKSHOP

Sunday 8th September, 10am-1pm Pumanawa Gallery, 2 Worcester Boulevard, Boys high building (in main entrance up the stairs)

What does Community mean to you? How can we create Community? Join the Thriving Madly community and friends in a facilitated conversation to share your thoughts on community and your connection to it. Bring your own seat ... folding chair, stool, beanbag, cushion etc



WATCH PARTY

Grab your snacks and drinks, and join the community online for the Divergence Festival 2024's watch party

Format : Welcome and intro, Watch movie, Wrap up
Bio : On the heels of Woodstock, a group of teen campers are inspired to join the fight for disability civil rights. This spirited look at grassroots activism is executive produced by President Barack Obama and Michelle Obama. Length : 1 hour 46 minutes



Saturday 14th September - doors open 7pm show starts 8pm

Location: A Rolling Stone, 579 Colombo Street

Cast :

- Emcee : Feather Unsure - Ōtautahi
- The Oopsie-Daisies - Burlesque - Ōtepoti
- Tod Fox Reynard - Drag - Ōtautahi
- Jor Dansaren - Spoken Word - Ōtautahi
- Constance Mayhem - Spoken Word - Ōtautahi
- Mad Poets and Creatives Collective - Spoken Word
- Mythical Haze - Burlesque - Ōtautahi
- Snap - Comedy - Ōtautahi
- Sapphire Matizze and Steel - Dance - Ōtautahi
- Aurora Storm - Burlesque - Ōtautahi
- Zella - Circus - Ōtautahi
- Pāyal - Dance - Pōneke Wellington

The show explores & celebrates both the evolutionary & revolutionary elements of our journeys, & the personal development & recovery/discovery work we undertake in order to navigate the world around us. During REvolutions, we're taking the time to celebrate how far we have come and consider what we can work on to create a world that works for all. From poetry to burlesque, from belly dance to comedy, come along to enjoy a night of inspiring and dynamic performance.

VARIETY SHOW



THRIVING AUTISTICALLY

Tuesday 24th of September online 7-8pm

Location: Zoom link on Facebook TM Event

This is a meeting for all autistic people (suspected autistic, self diagnosed or professionally diagnosed all welcome).



CO REFLECTION

Sunday 28th July - 12.30-2pm

Location: Room 1, Phillipstown Community Hub, 39 Nursery Road

For those who have done Intention Peer Support training join us for face to face co reflection to connect, reflect and move forward with your Thriving Madly community.



FACEBOOK GROUP CHATS

Disability funding changes: discussion on what would be helpful, resources, possibilities moving forward and how we can support each other

Social Action and Protest: A Facebook chat to share information on social action and protests happening around the motu. Organise possible meet ups for marches.

Emergency and social housing: share your experience, connections, resources with the possibility of writing a letter to minister for housing, Mental Health, Social Development, Health and the Mental Health and Wellbeing Commission.



Kia ora koutou, Wanna join the **Sustaining Sustaining Tenancies Team (SSTT)**. If you are a human who believes people should be housed, we'd love to have you! Please contact Hellina (Angle) or Payal"



Submissions group - We will be adding the Thriving Madly submissions to our Facebook page and also the website as this is an important part of creating social change. If this is an area of interest that you would like to know more about let us know admin@thrivingmadly.com. This is an area of growth for us all and would be great to keep learning together so we can be heard by government.

TRAINING OPPORTUNITIES

Intentional Peer Support Introduction - Wednesday 25th September 9am - 2.30pm. We like new contributors who haven't done Intentional Peer Support training to attend as this is the foundation of how we communicate in Thriving Madly community and also if you those who would like to refresh their skills.

Work safe 1st aid - Limited spaces, full day training and likely to be on a Wednesday in early October

1/2 day te Tiriti o Waitangi education session: unpack what the historical intent of Tiriti o Waitangi was and more importantly how it can be honoured and enacted in our work at Thriving Madly. We will explore each of the articles of te Tiriti o Waitangi in practice and align to the work of our kaimahi at Thriving Madly. This will be on a Saturday in late October.

Email admin@thrivingmadly.com to register your interest or ask any questions.

Free Street Parking

- Free 30 minute parking on Hazeldean Road
- Some unrestricted street parking is available on nearby streets (please allow extra time as you may need to park further away)

Hazeldean Business Park Carpark Building

- 14 Hazeldean Road - via Parkable app (please download app prior to arriving)

Wilson's Carpark

- 7 Hazeldean Road - via ParkMate app or PayByPlate Machine

Closest Bus Routes/Stops

- Route 7 Halswell/Queenspark - Stop 47137
- Route 120 Burnside/Spreydon - Stop 50852 or 50868

Bicycle

- Bike stands can be found near Building 6 (as indicated on the map over page)



Welcome
Roseanne
Susan
Akira
Ruey
Anisha
Christina
Samantha

Thanks to our funders
Frozen Funds,
Rata Foundation,
Lotteries Board,
Creative Communities
COGS

Strengthening
Communities, Tepou,
MHERC for our office
space